



Svensk Beteendemedicinsk Förening

Behavioral medicine in primary and specialist care

Symposium held by the Swedish Behavioral Medicine Society in collaboration with the Center for Psychiatry Research, Karolinska Institutet, Stockholm, Sweden

Tuesday, April 21, 2020, 14.00-16.30, followed by Annual General Meeting 16.45-17.45.

Center for Psychiatry Research (www.psykiatriforskning.se)

Norra Stationsgatan 69, 6th floor, 113 64 Stockholm, Sweden

Invitees: Interested practitioners and researchers, Center for Psychiatry Research (Karolinska Institutet/Stockholm County) affiliates, Members of the Nordic Network on Behavioral Medicine (Danish, Finnish, Norwegian and Swedish Societies), KI LifeNet members.

14.00-14.15 **Anne H Berman, PhD, President-Elect ISBM, President, Swedish Society of Behavioral Medicine**
Associate Professor, Center for Psychiatry Research, Karolinska Institutet
Senior Lecturer, Dept of Psychology, Uppsala University
A Globally Urgent Agenda for Behavioral Medicine

14.15-14.35 **Lance McCracken, PhD**
Professor, Department of Psychology, Uppsala University
Behavioral Medicine Approaches for Chronic Pain Today and Tomorrow

14.35-14.55 **Åsa Thurfjell, MD**
Academic Primary Care Center, Stockholm Region
Infrastructure for work with lifestyle habits- from local to national level and vice versa

15.00-15.30 Fruit break

15.30-15.50 **Patrik Engdahl PhD cand.**
CEPI, Center for Evidence-based Psychosocial Interventions, Lund University
mWorks- A digital support tool for individuals on sick leave with mental health issues in primary care, who wish to return to work

15.50-16.10 **Anna Finnes, PhD**
Department of Clinical Neuroscience, Karolinska Institutet
Work-focused CBT – integrating the work situation in CBT for patients on sick leave

16.10-16.30 **Marcus Bendtsen, PhD**
Senior Lecturer in Experimental Social Medicine and Public Health, MH/SAM, Linköping University
Digital Lifestyle Interventions - From eHealth to mHealth and from single to multiple lifestyles

16.30-16.45 Break

16.45-17.45 **Annual General Meeting**

Registration information

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To facilitate planning of the meeting space and refreshments, please register at: <http://sbf2020.fikket.com/event/behavioral-medicine-in-primary-and-specialist-care-a-symposium-for-researchers-and-practitioners>